

To Keep a True Lent

Robert Herrick (1591-1674)

Zachary Wadsworth (2012)

Facile ♩ = ca. 92
mf

SOPRANO
Is this a Fast, to keep The lard - er lean And clean

ALTO
From fat of

Piano (for rehearsal only)
Facile ♩ = ca. 92
mf

6
A.
veals and sheep? Is it to quit the dish Of flesh, yet still

T.
8
To

12
T.
8
fill The plat - ter high with fish? Is it to fast an

mf

18 *rall.*

T. *mf* hour,

B. Or ragg'd to go Or show A down - cast look and sour?

rall.

25 *Con calma, molto flessibile* ♩ = ca. 76

S. *mp* NO: 'tis a Fast to dole Thy sheaf of wheat And meat Un-to the hun - gry soul. *p*

A. *p* NO: 'tis a Fast to dole Thy sheaf of wheat And meat Un-to the hun - gry soul. *pp*

T. *p* NO: 'tis a Fast to dole Thy sheaf of wheat And meat Un-to the hun - gry soul. *pp*

B. *p* NO: 'tis a Fast to dole Thy sheaf of wheat And meat Un-to the hun - gry soul. *pp*

Con calma, molto flessibile ♩ = ca. 76